

# SPIRITUALITY IN THE COUNSELING MINISTRY

BY

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# INTRODUCTION

- SPIRITUAL LIFE OF A CHRISTIAN COUNSELOR IS THE SUM TOTAL OF RESPONSE WHICH ONE MAKES TO WHAT IS PERCEIVED AS THE INNER CALL OF GOD. (THOMAS KEATING, “*THE HEART OF THE WORLD*”)
- WHILE THE INNER CALL OF GOD IS INSEPERABLE FROM ALL OTHER ASPECTS OF ONE’S TOTAL BEING, THEN SPIRITUALITY IS THE CONDITION OF THE INTEGRATED PERSON IN THE FULLEST SENSE. (JOHN H. WESTERHOFF & JOHN EUSDAN, “*THE SPIRITUAL LIFE*”).

- THE DIFFERENCE BETWEEN CHRISTIAN AND NON-CHRISTIAN COUNSELING IS SPIRITUALITY.
- THE TECHNIQUE, APPROACH, AND PRINCIPLES OF COUNSELING CAN BE SIMILAR, BUT SPIRITUALITY IS WHAT DIFFERENTIATES ALL 3
- SPIRITUALITY PROVIDES: NEW NEED, NEW MOTIVATION, NEW AWARENESS, NEW OBJECTIVE, AND A NEW EXPERIENCE.

- SPIRITUALITY MAKES THE PRESENCE AND INVOLVEMENT OF GOD THE DETERMINANT OF THE COUNSELING SUCCESS.
- A CHRISTIAN COUNSELOR MAY BE EXPERIENCED AND SKILLFULL, BUT WHEN HIS SPIRITUALITY IS NOT RIGHT BEFORE GOD, THIS WILL IMPACT THE ENTIRE PROCESS.
  - COUNSELING RESULTS WILL HAVE NO EVERLASTING VALUE, SINCE THE ESSENTIAL PART OF THE MINISTRY, THE SPIRIT OF COUNSELING MINISTRY, IS NOT AGAPHE LOVE, THE FRUIT OF SPIRIT ( AGAPHE LOVE - I COR 13:3, GAL 5:22).

# A COUNSELOR CAN BE CALLED A GENUINE CHRISTIAN COUNSELOR

I. HE OR SHE IS :

A GENUINELY BORN AGAIN CHRISTIAN.

II. HE OR SHE IS :

- (a) **MATURE ENOUGH IN HIS OR HER STAGE OF FAITH**  
(J.FOWLER'S STAGES OF FAITH IS NOT LOWER THAN INDIVIDUATIVE REFLECTIVE STAGE)
- (b) HE OR SHE IS IN THE PROCESS OF **PROGRESSIVE SANCTIFICATION** (IN THE ORDO SALUTIS/ORDER OF SALVATION : CONSECUTIVE STEPS IN THE SPIRITUAL JOURNEY OF A CHRISTIAN IN HIS OR HER SALVATION)

# **(a) MATURITY OF FAITH**

## **JAMES FOWLER'S STAGES OF FAITH**

**UNIVERSALIZING FAITH**

**CONJUNCTIVE FAITH**

**INDIVIDUATIVE REFLECTIVE FAITH**

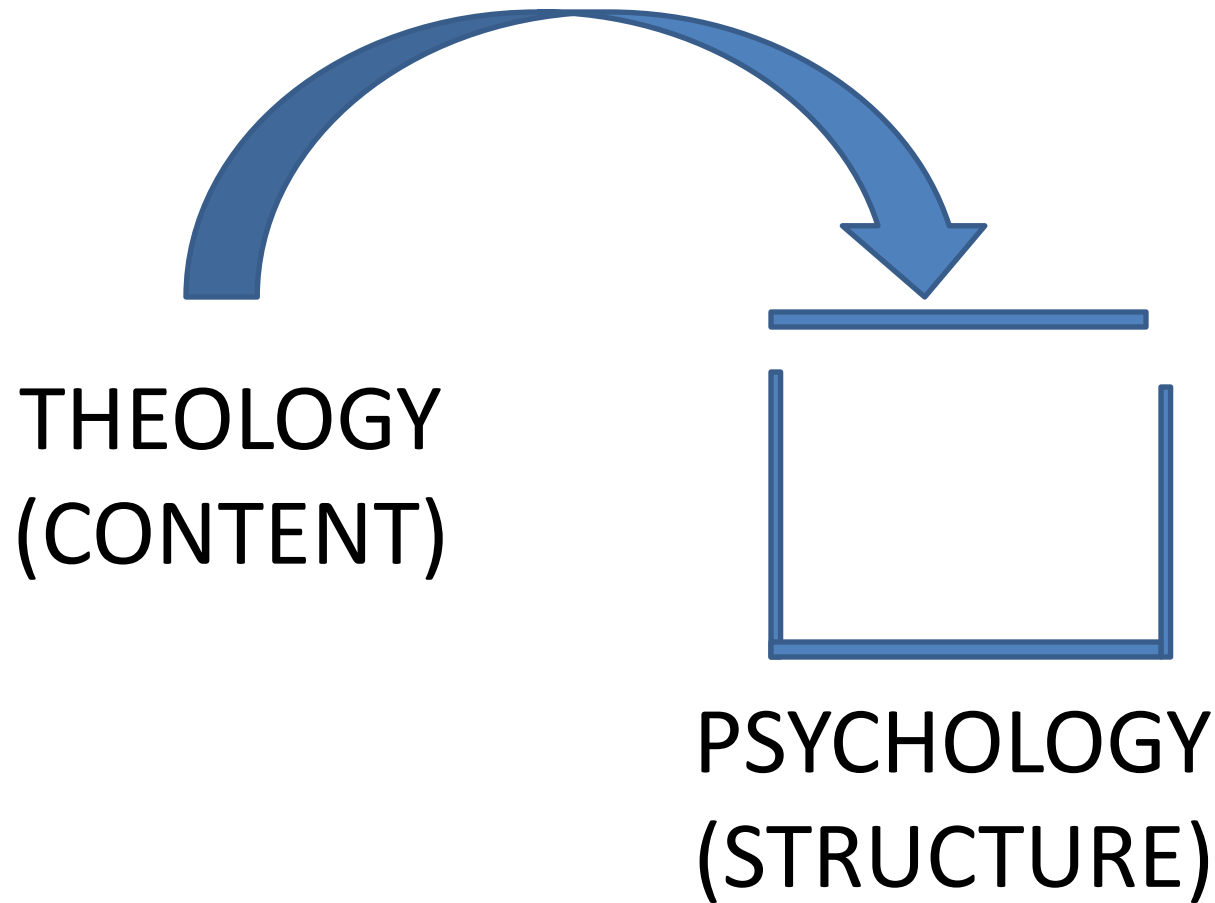
**SYNTHETIC CONVENTIONAL FAITH**

**MYTHICAL LITERAL FAITH**

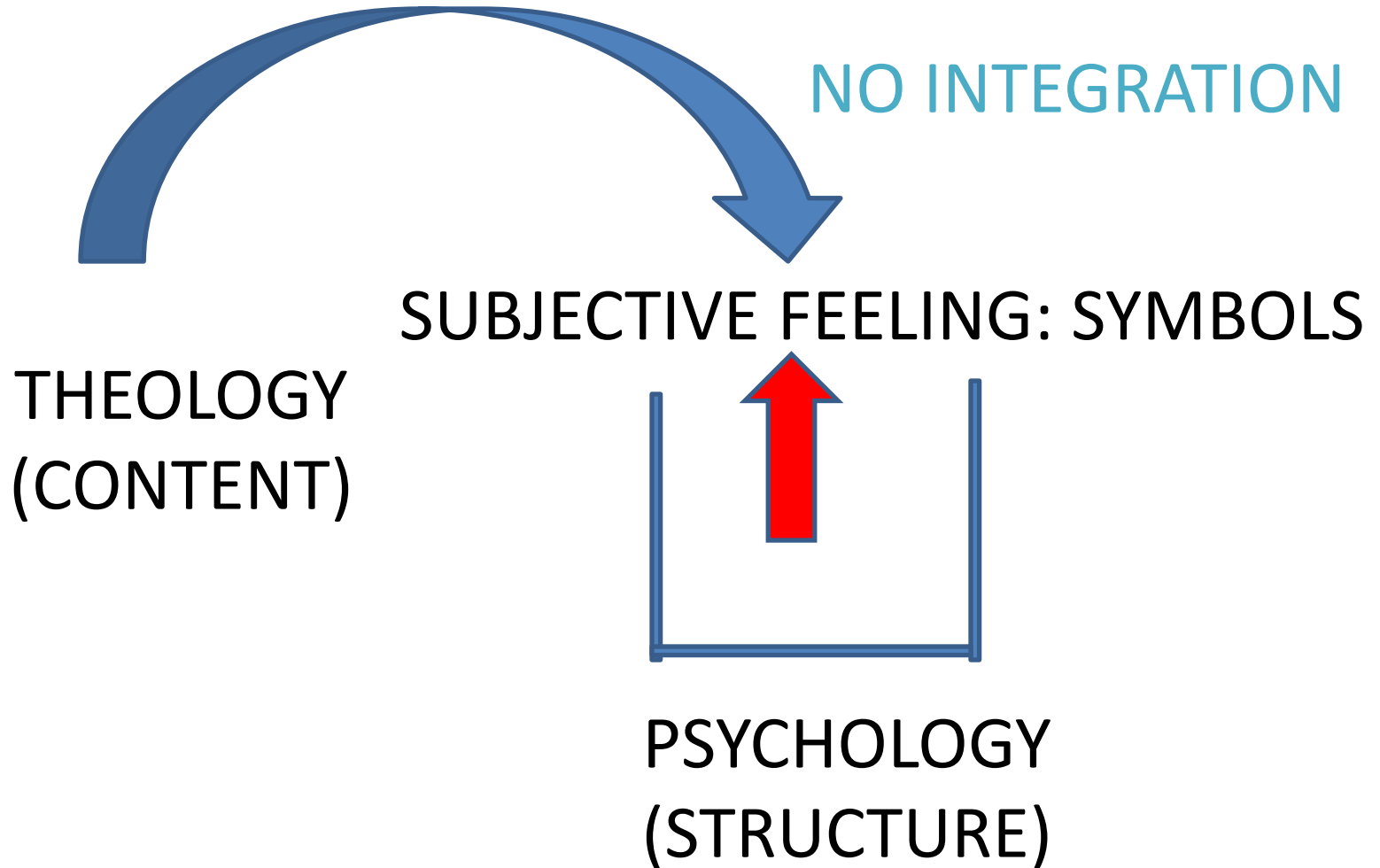
**INTUITIVE PROJECTIVE FAITH**

**UNDIFFERENTIATED FAITH**

# UNDIFFERENTIATED FAITH

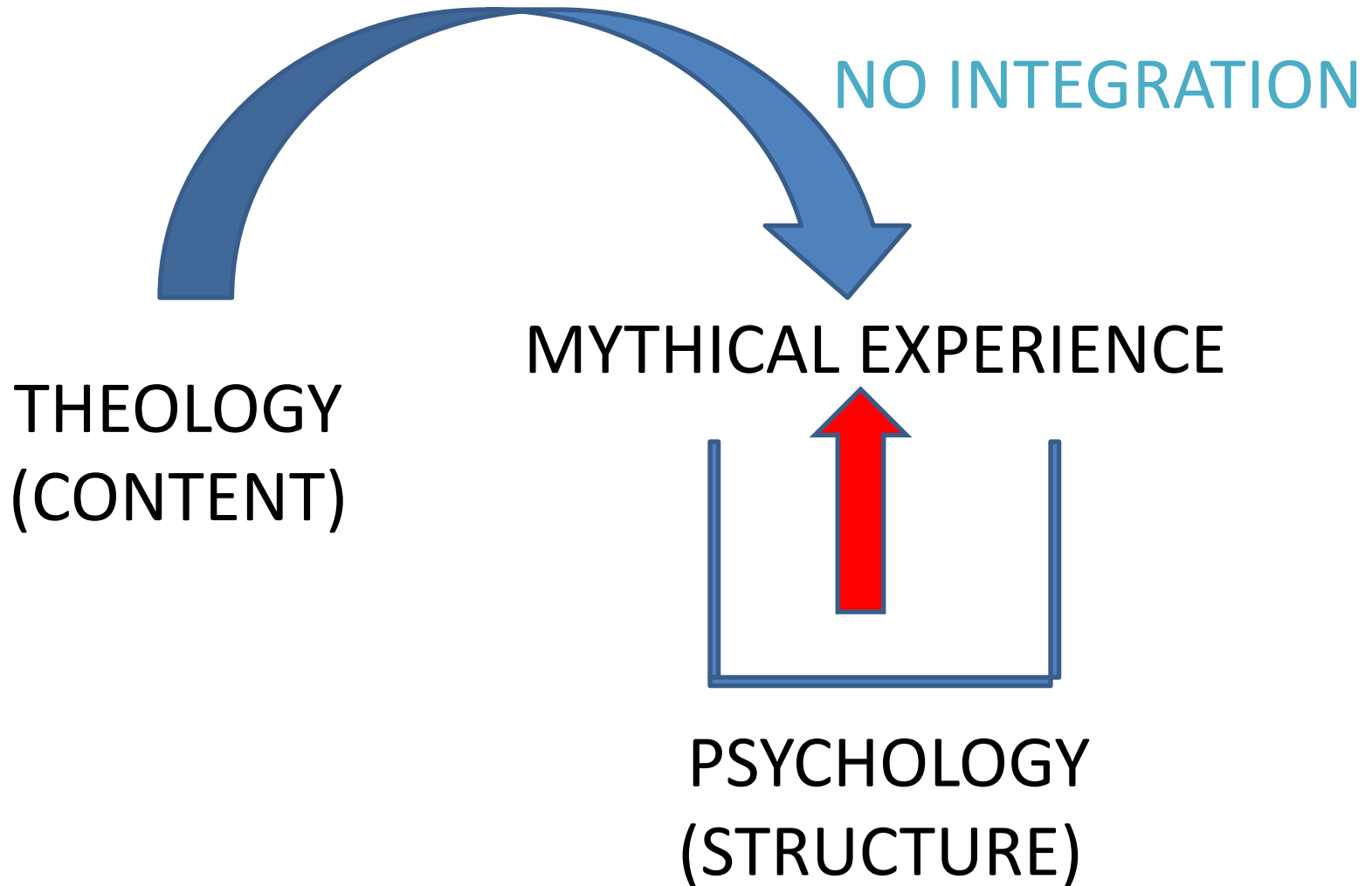


# INTUITIVE PROJECTIVE FAITH

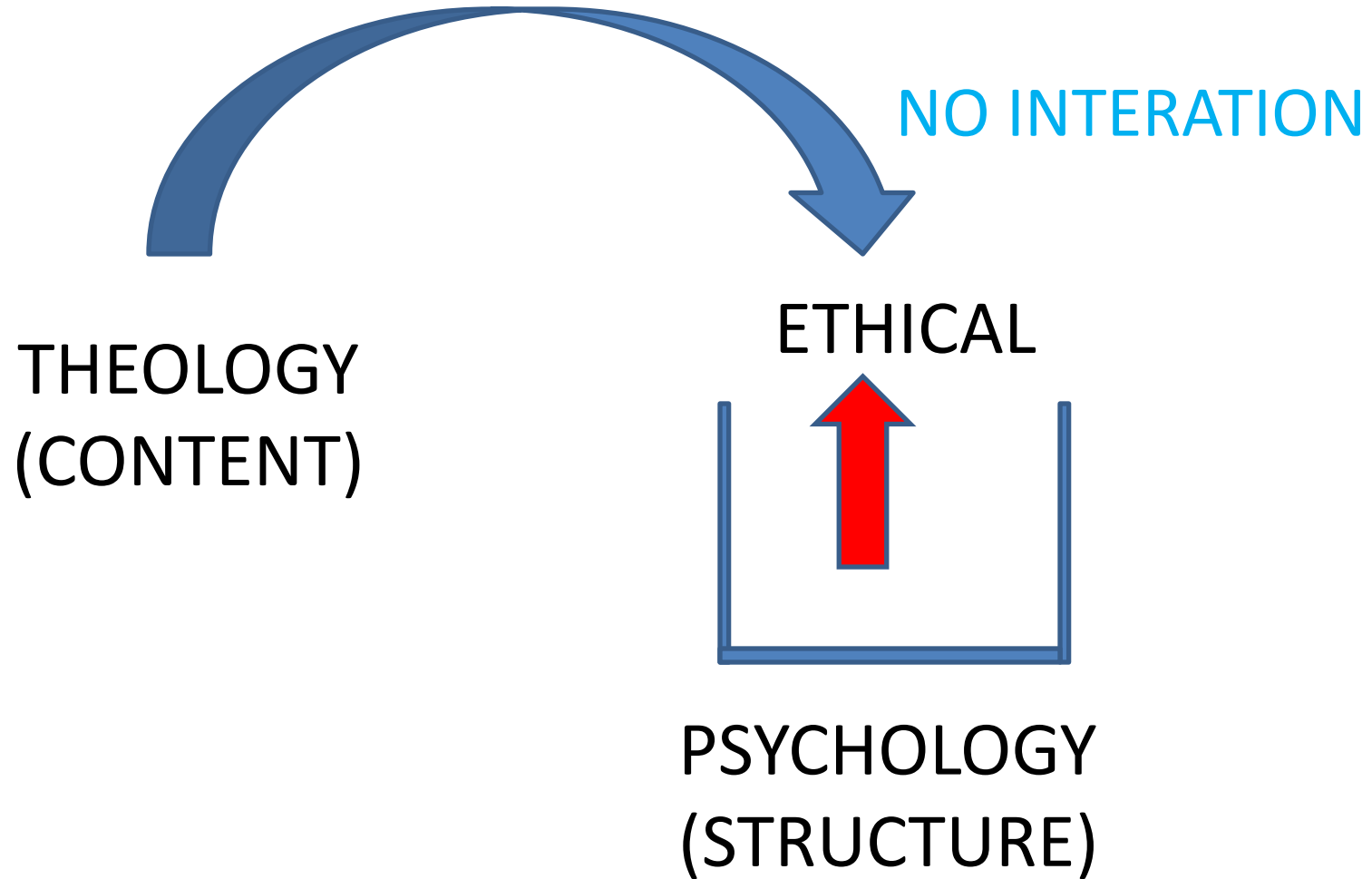




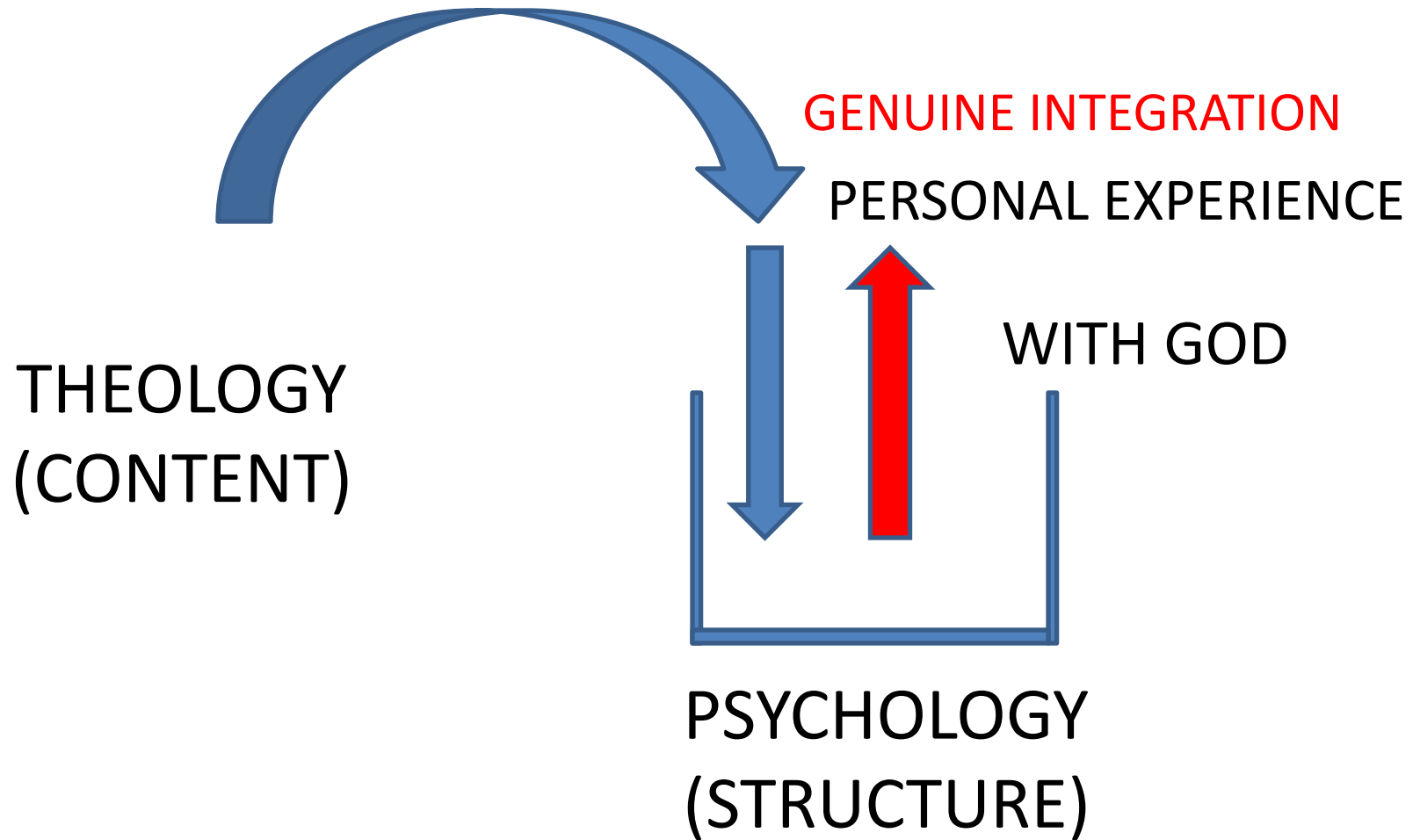
# MYTHICAL LITERAL FAITH



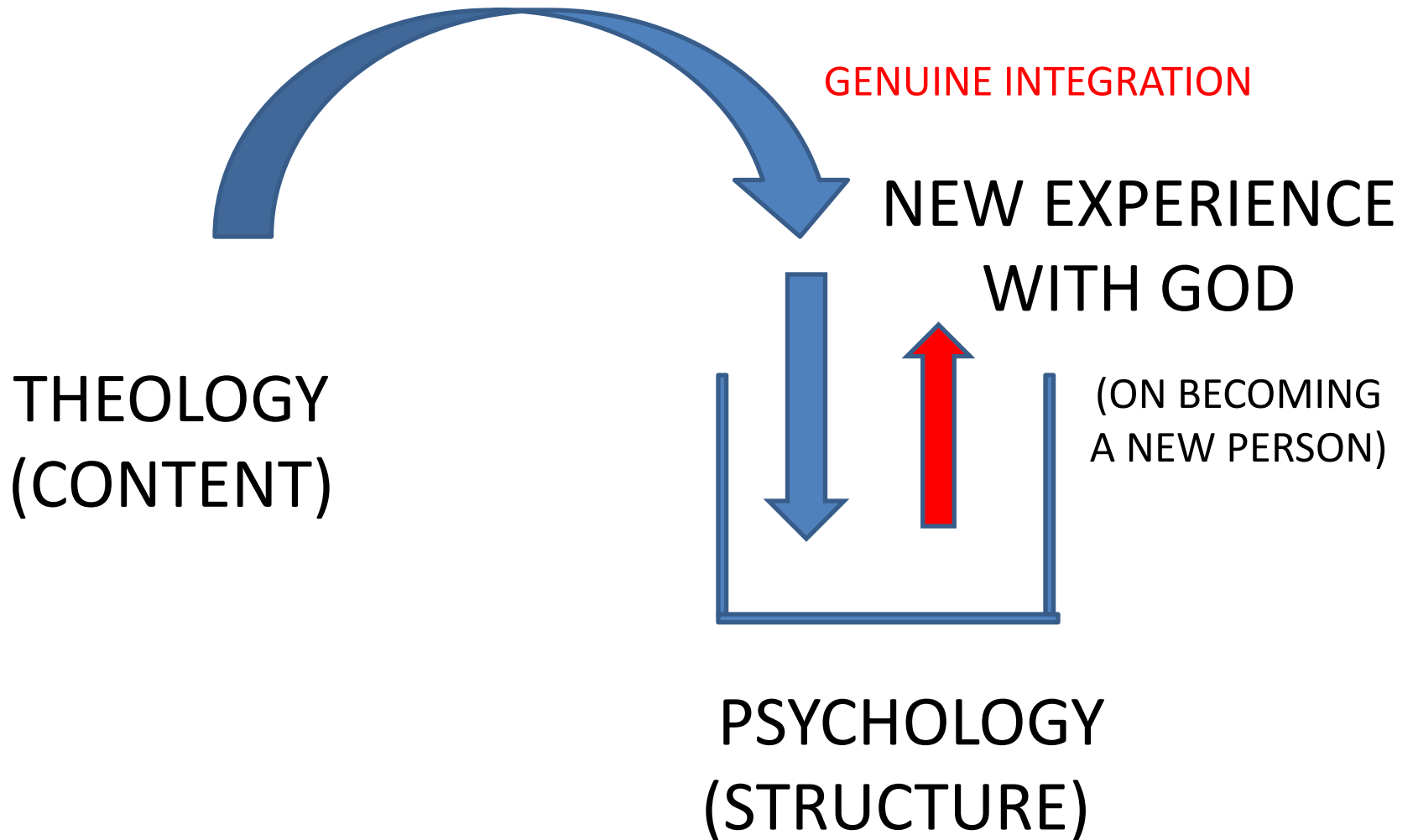
# SYNTHETIC CONVENTIONAL FAITH



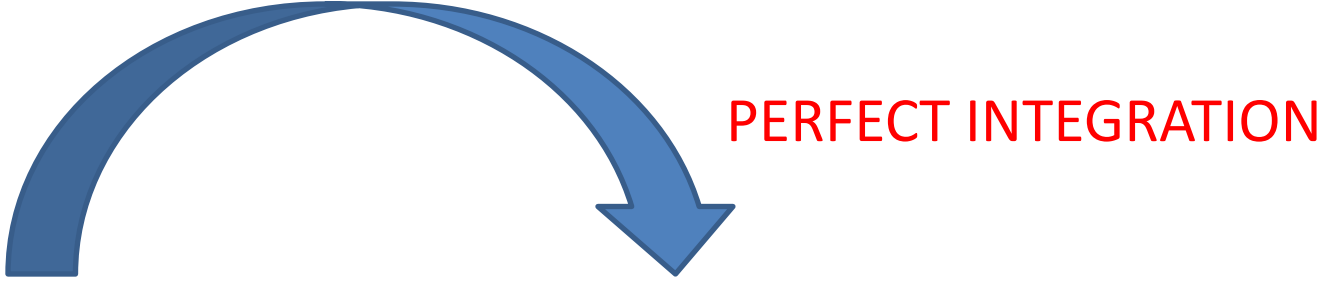
# INDIVIDUATIVE REFLECTIVE FAITH



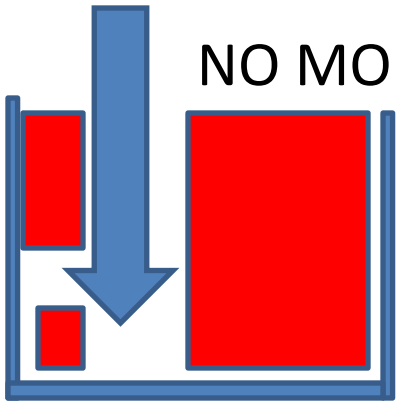
# CONJUNCTIVE FAITH



# UNIVERSALIZING FAITH



THEOLOGY  
(CONTENT)

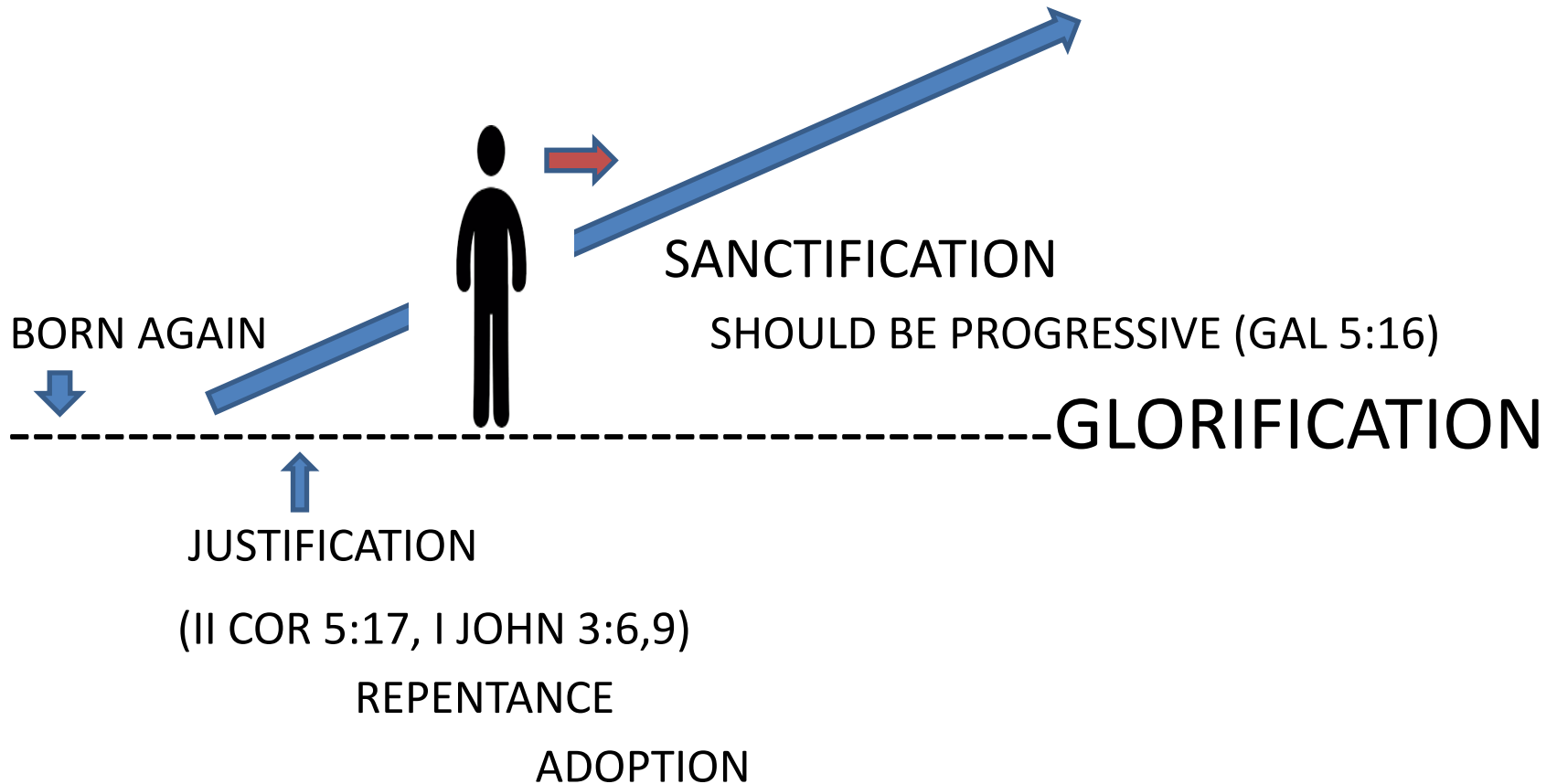


PSYCHOLOGY  
(STRUCTURE)

# BASIC PRINCIPLES FROM ST.AUGUSTINE

- NARROW IS THE MANSION OF MY SOUL;  
ENLARGE THOU IT, THAT THOU MAYEST ENTER  
IN. IT IS RUINOUS; REPAIR THOU IT....  
(*AUGUSTINE'S CONFESIONS*, P. 8)
- THOU WHOLLY EVERYWHERE, WHILE NOTHING  
CONTAINS THEE WHOLLY? SINCE ALL THINGS CAN  
NOT CONTAIN THEE WHOLLY, DO THEY CONTAIN  
PART OF THEE? (*AUGUSTINE'S CONFESIONS*, P.  
7).

# (b) PROGRESSIVE SANCTIFICATION. ORDO SALUTIS



# BASIC PRICIPLES

## FROM ST.AUGUSTINE

- LO MY INFANCY DIED LONG SINCE, AND I LIVE.... AND THOU MADEST US FOR THYSELF, AND OUR HEART IS RESTLESS UNTIL IT REPOSE IN THEE. GRANT ME LORD. TO KNOW AND UNDERSTAND WHICH IS FIRST, TO CALL ON THEE OR TO PRAISE THEE? ...TO KNOW THEE OR TO CALL ON THEE? (*AUGUSTINE'S CONFESSIONS*, P. 9,5).
- RELATIONSHIP BETWEEN MAN'S CONDITIONAL RESPONSES TO GOD'S UNCONDITIONAL GRACE IN THE CONSECUTIVE STEPS OF OUR SPIRITUAL JOURNEY.



THE MORE MATURE A COUNSELOR'S SPIRITUALITY IS,  
THE MORE EFFECTIVE THE HOLY SPIRIT WILL WORK IN  
AND THROUGH HIM

1. HE WILL BE A **SERVANT LEADER COUNSELOR**  
MODELING JESUS CHRIST WHO IS ABLE TO EMPTY  
HIMSELF GENUINELY (MARK 10:44-45, PHIL 2:7)

HIS MOTTO WILL BE:

- a. Before I ask client to listen to me, I listen to him.
- b. Before I say “take my advice,” I find him ( his real authentic and unique potential).
- c. Before I think about “the direction,” I let him show me the way to his real and personal world.

2. HE WILL BE A CHRISTIAN COUNSELOR WHO IS ABLE TO CREATE AN **INTEGRATED DIALOGUE** IN WHICH GOD'S INVOLVEMENT IS EXPERIENCED IN THE CLIENT'S UNIQUE PSYCHOLOGICAL REALITIES.

COUNSELOR'S ORIENTATION WILL BE:

- a. Moving from conformity to adaptability.
- b. Moving from a problem solving and subjective need fulfillment to being right with God.
- c. Moving from focusing on precipitating factors as the source of problem to discovering self-awareness of one's predisposing reality.

3. HE WILL BE A CHRISTIAN COUNSELOR WHO IS ABLE TO FREE HIMSELF FROM BEING AN ADVICE GIVER AND MISUSER OF BIBLICAL TRUTHS.

HE KNOWS THAT:

- a. All men are sinner but not all problems are directly caused by actual and inevitable sins.
- b. While the objective of counseling ministry is for the client to obtain full functioning in his or her personal and social life, one is still a hopeless individual if he or she is living without Christ Jesus the Lord.

# FIRST

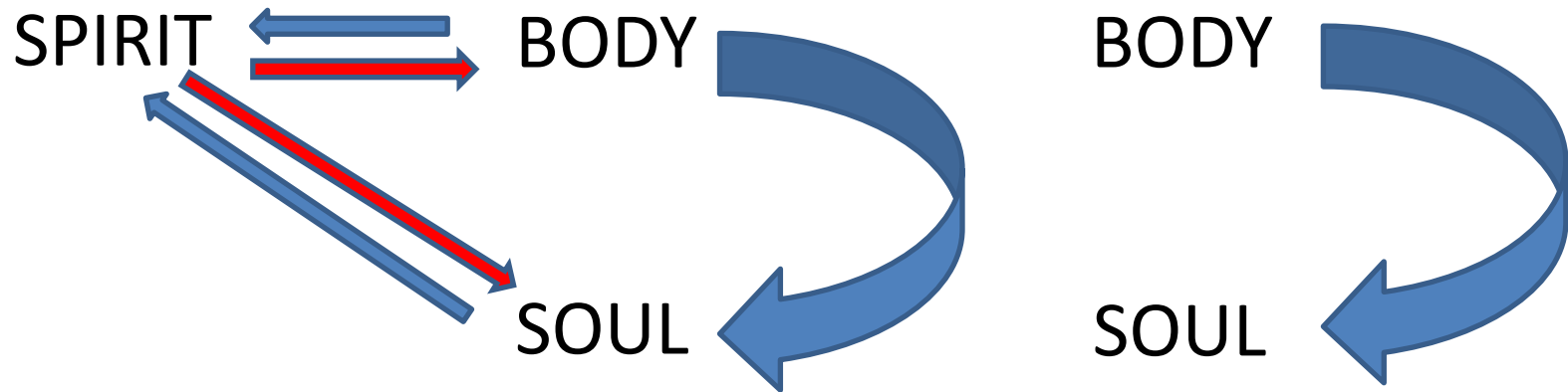
## SPIRITUALITY IN THE COUNSELING MINISTRY

SPIRITUALITY  
IS ABOUT  
**HUMAN SPIRIT**

# SPIRIT IS THE TRUE IDENTITY OF HUMAN BEING

HUMAN BEING

ANIMAL



SPIRIT=RUAH = PNEUMA

SOUL=NEPHES = PSYCHE

**SPIRIT IS NOT SOUL**

(SPIRITUALITY MAKES COUNSELING  
MOVES BEYOND PSYCHOLOGICAL  
HUMANISTIC MINISTRY )

# SECOND

WHEN HUMAN SPIRIT HAS BEEN BORN AGAIN (JOHN 3:6-8),  
(SOMETHING THAT MAN DOESN'T FULLY UNDERSTAND.. I COR 2:14-15 )

- **ONE'S SPIRIT CAN USE HIS OR HER BODY AND SOUL TO BE INSTRUMENTS OF RIGHTEOUSNESS (ROMANS 6:13).**
- A HEALTHIER SPIRITUALITY (LED BY THE HOLY SPIRIT –GAL 5:16) WILL BE MANIFESTED IN THE PRESENCE OF : A NEW MIND (ROMANS 12:1-2); NEW FEELING AND THINKING AS CHRIST'S "THINKING AND FEELING."(FIL 2:5,EZ 36:26).
- IN THE MIDST OF THE TRAP OF EVILNESS OF TIME (EPH 5:16) ONE'S SPIRITUALITY CAN GRASP THE KAIROS OF GOD IN THE MOMENTUM PRIMA, AND USE THE BODY AND SOUL TO GLORIFY GOD IN OUR LORD JESUS CHRIST. THERE ARE TIMES WHEN OLD SELF HAS GONE, AND NEW SELF HAS COME (II COR 5:17). ..... AND,

# THIRD

- COUNSELING MINISTRY IS AN ART OF CREATING A CONDUCTIVE CONDITION OR ATMOSPHERE
- THROUGH GOD'S GIVEN AGAPHE LOVE
  - MANIFESTED IN: UNCONDITIONAL POSITIVE REGARD, LISTENING, REFLECTIVE LISTENING, EMPATHY, ACCEPTANCE AND UNDERSTANDING
- IN WHICH THE STRUGGLES OF ONE'S PSYCHE/SOUL CAN BE OVERCOME, AND IF HE OR SHE IS A BELIEVER, THEN HIS OR HER SPIRIT FINDS A WAY OUT TO OPERATE ACCORDING TO THE GUIDANCE OF THE HOLY SPIRIT (EVEN IF IT'S MOMENTARY)

# FOURTH

## WHEN WE TALK ABOUT SPIRITUALITY IN COUNSELING

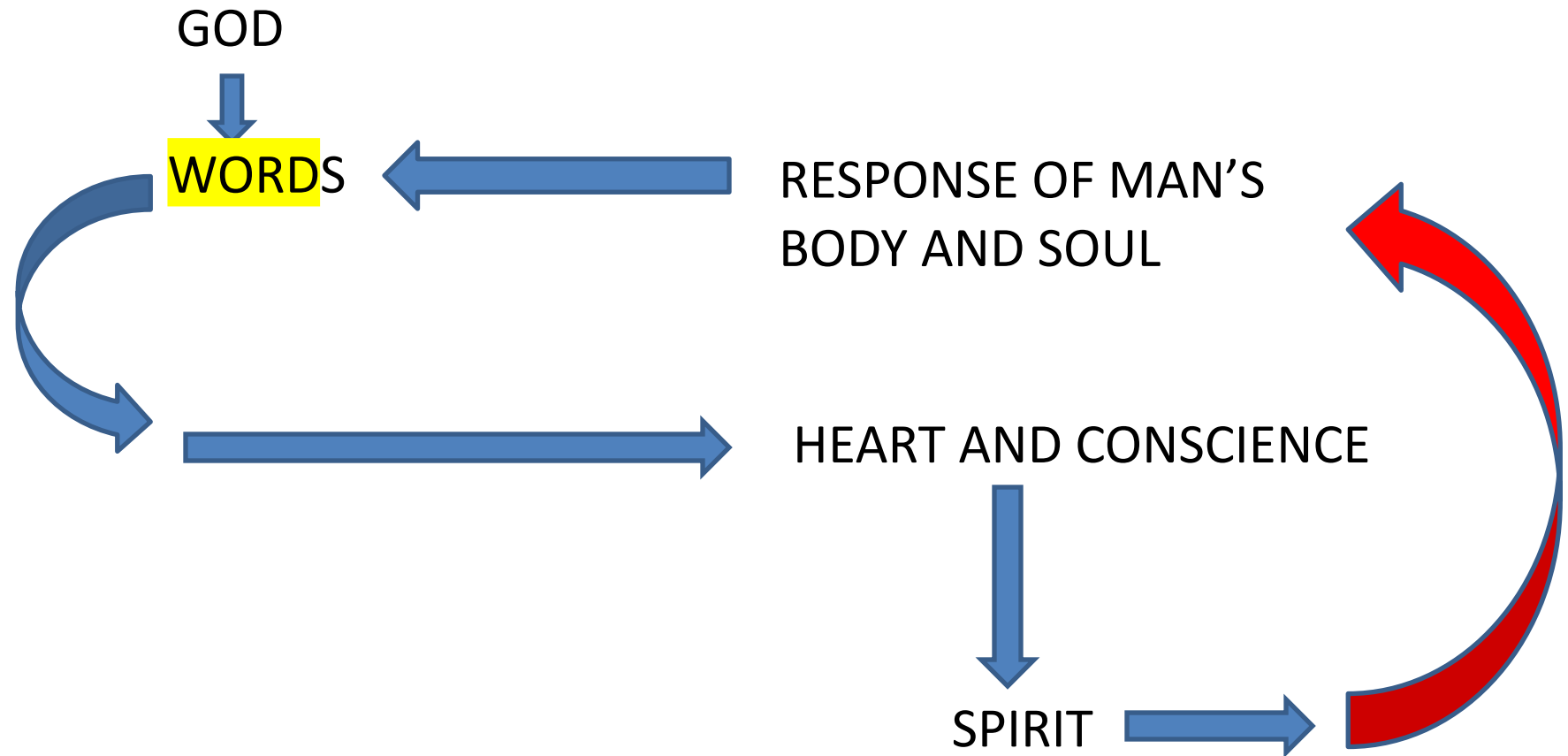
- THE MAIN STRUGGLES IN HUMAN'S SOUL IS IN THE HEART AND CONSCIENCE ( Prov 23:7 ).
- **HEART** (KARDIA) IS THE INTERNAL SELF CONDITION AND THE HIDING PLACE OF ALL SINS (MAT 15:19).
- WHEN THE HEART IS CONNECTED TO GOD'S COMMON AND SPECIAL GRACE, THEN THE HEART IS CALLED "**CONSCIENCE**" (SUNEDEISES)
- BOTH HEART AND CONSCIENCE SHOULD BE CLEANSED BY THE BLOOD OF CHRIST THAT IS GIVEN TO US THROUGH THE WORD OF GOD (JOHN 8:32).



- THE WORD OF GOD IS LIVING AND ACTIVE. SHARPER THAN ANY DOUBLE-EDGED SWORD, IT PENETRATES EVEN TO DIVIDING SOUL AND SPIRIT, JOINTS AND MARROW; IT JUDGES THE THOUGHTS AND THE ATTITUDES OF THE **HEART** (HEB 4:12)
- ONE'S HEART AND CONSCIENCE SHOULD BE CLEANSED.

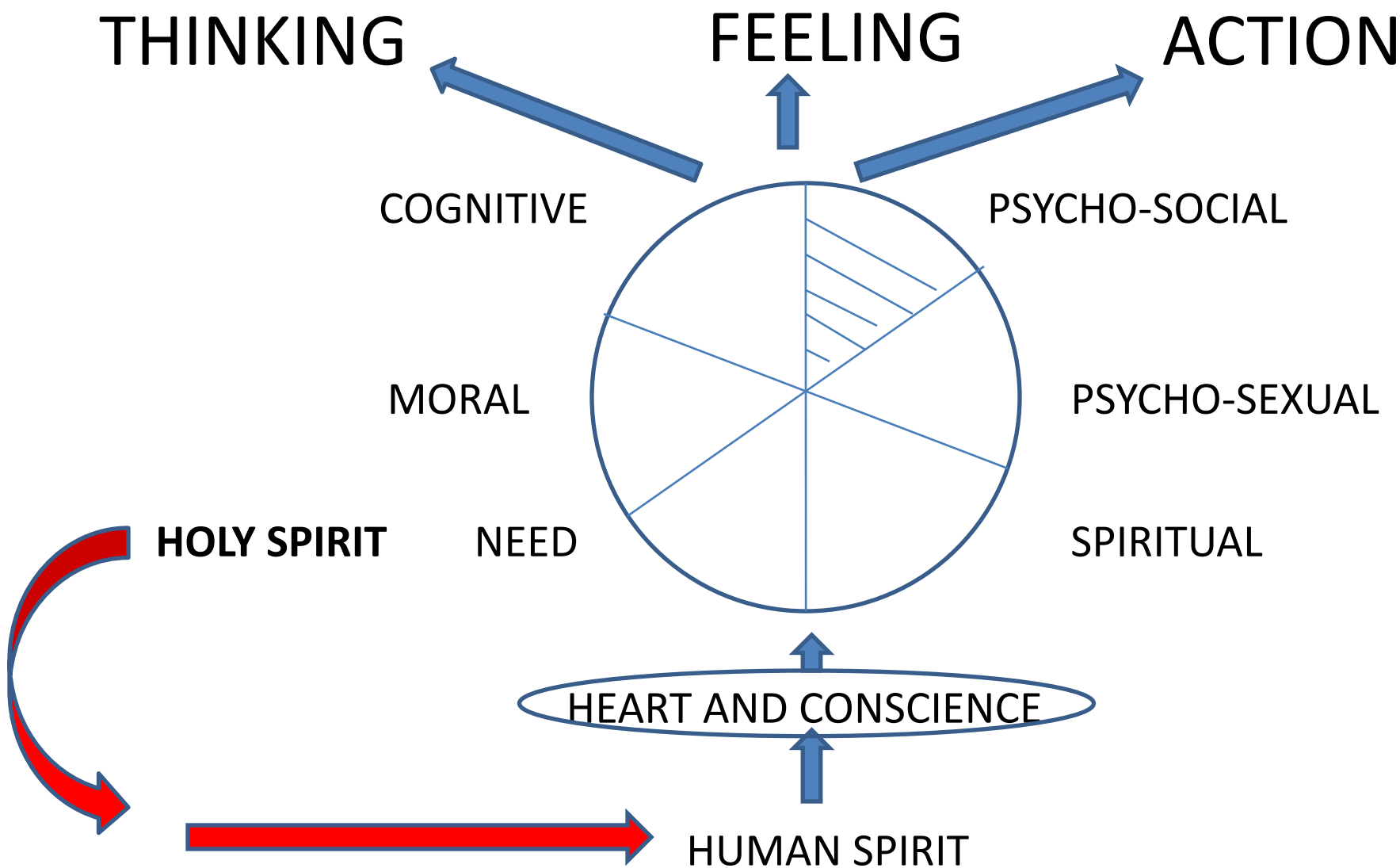
- HOW MUCH MORE THEN, WILL THE BLOOD OF CHRIST, WHO THROUGH THE ETERNAL SPIRIT OFFERED HIMSELF UNBLEMISHED TO GOD, CLEANSE OUR **CONSCIENCE** FROM ACTS THAT LEAD TO DEATH, SO THAT WE MAY SERVE THE LIVING GOD (HEB 9:14).
- WHEN HEART AND CONSCIENCE HAVE BEEN CLEANSED.....

# ONE'S SPIRIT BEGINS TO OPERATE FREELY USING THE BODY AND SOUL TO BE INSTRUMENTS OF RIGHTEOUSNESS



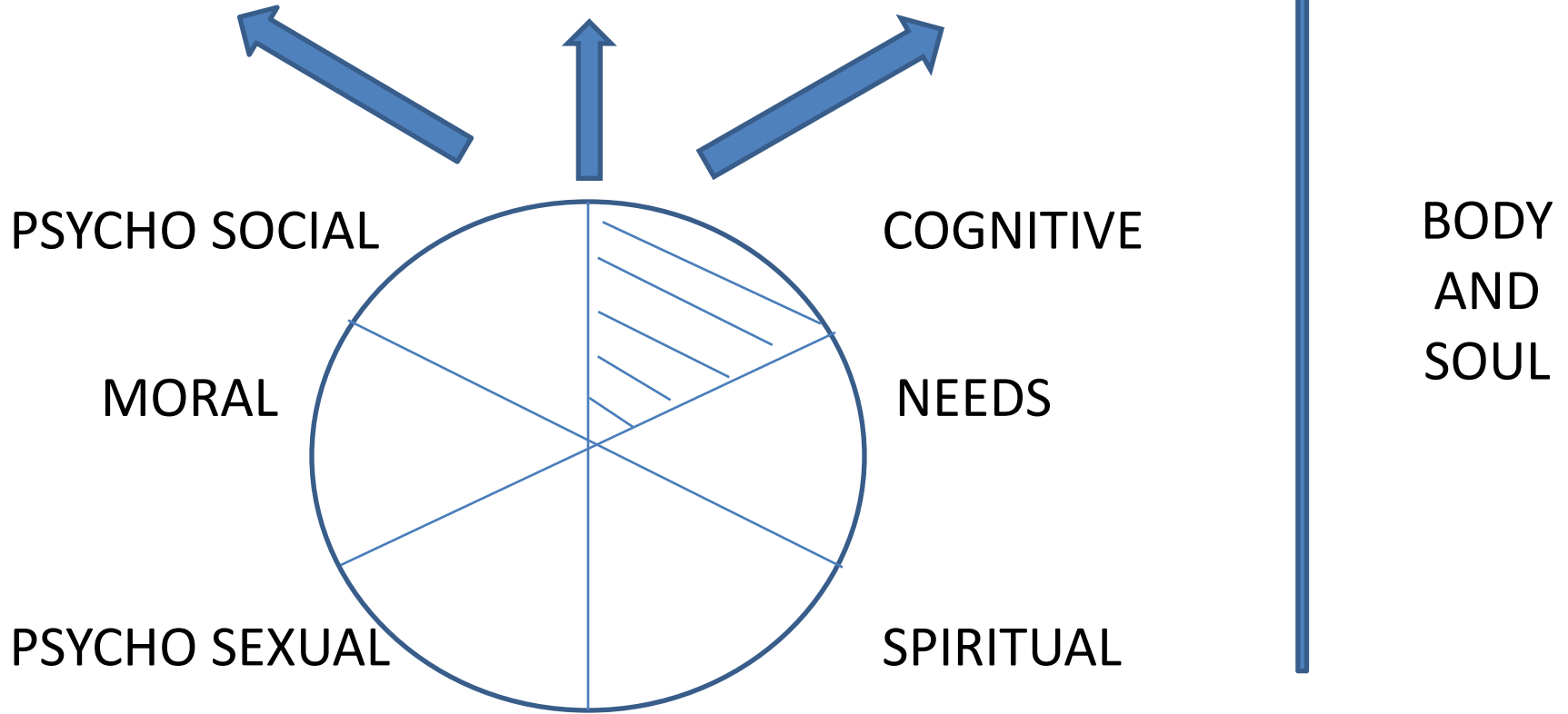
# CHRISTIAN SPIRITUALITY COULD BE ONE OF THE METHODS

- THAT CAN ACTIVATE HUMAN SPIRIT OF A BORN AGAIN CHRISTIAN.
- THE SPIRIT OPERATES THROUGH LIBERATING THE MYSTERIOUS INTERNAL SELF CONDITION (HEART AND CONSCIENCE) BEHIND ONE'S LIFE STRUCTURE.
- REALITY OF LIBERATING THE HEART AND CONSCIENCE FROM SINS WILL BE "A MEANS" OF ACTIVATING THE SPIRIT TO OPERATE AND USE ONE'S BODY AND SOUL TO BE INSTRUMENTS OF RIGHTEOUSNESS (ROMANS 6:13).



# LIFE STRUCTURE

THINKING FEELING ACTION



# HOW DOES IT WORK?

- IT WORKS ONLY FOR THOSE WHO HAVE RECEIVED GRATCIA.

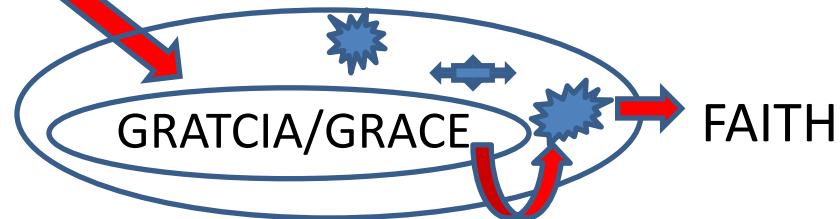
- GOD

EPH. 2:8

Fil 1:6, 2:13

Fil 2:12, Heb 11:6

AGUSTINE'S IMPLANTED  
LUTHER'S IMPUTED  
SEMPER IUSTUS ET PECCATOR



- SPIRITUALITY IN COUNSELING IS DEMONSTRATED THROUGH THE COUNSELOR'S ROLE IN THE CREATION OF A CONDUCTIVE ATMOSPHERE
- CLIENT WILLINGLY AND PURPOSEFULLY **CONNECTS** GOD'S GRACE WITH EACH ASPECT OF HIS SINFUL NATURE, IN ORDER TO TAME IT AND EXPERIENCE A SPIRITUAL VICTORY.



SUMMARY  
AND  
CONCLUSIONS

- THE DIFFERENCE BETWEEN CHRISTIAN AND NON-CHRISTIAN COUNSELING IS SPIRITUALITY.
- THE TECHNIQUE, APPROACH, AND PRINCIPLES OF COUNSELING CAN BE SIMILAR, BUT SPIRITUALITY IS WHAT DIFFERENTIATES ALL 3
- SPIRITUALITY PROVIDES: NEW NEED, NEW MOTIVATION, NEW AWARENESS, NEW OBJECTIVE, AND A NEW EXPERIENCE.

- THE SIGNIFICANCY OF SPIRITUALITY CAN ONLY BE FOUND IN A BORN AGAIN CHRISTIAN COUNSELOR, WHOSE FAITH IS MATURE ENOUGH AND IS IN THE PROCESS OF PROGRESSIVE SANCTIFICATION.
- THE SIGNIFICANCY OF SPIRITUALITY IS ONLY DEMONSTRATED THROUGH THE WORK OF HUMAN SPIRIT THAT CAN USE BODY AND SOUL TO BE INSTRUMENTS OF RIGHTEOUSNESS.
- THE SUCCESS OF A CHRISTIAN COUNSELING MINISTRY IS SHOWN IN THE DEATH OF CERTAIN ASPECTS OF THE CLIENT'S SINFUL NATURE.

# ROLES OF SPIRITUALITY IN THE COUNSELING MINISTRY

I. SPIRITUALITY CHANGES AND RENEWS THE COUNSELOR'S LIFE FIRST BEFORE HE OR SHE CAN HELP OTHERS.

II. THE ROLES OF SPIRITUALITY HAS TO BE CREATED INTENTIONALLY BY EACH INDIVIDUAL CHRISTIAN COUNSELOR AS THE MANIFESTATION OF "WORKING-OUT SALVATION IN FEAR AND TREMBLING," OR ELSE IT IS DORMANT AND INEFFECTIVE.

# SPIRITUALITY IS MANIFESTED

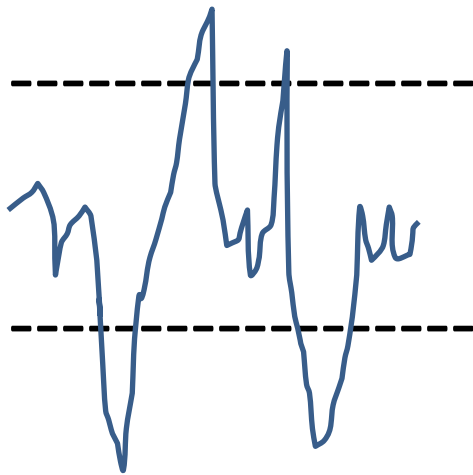
- THROUGH THE COUNSELOR'S SPIRIT OF OBEDIENCE TO THE HOLY SPIRIT / PARAKLETOS, IN WHICH HE OR SHE IS ABLE TO BE INSTRUMENTS OF RIGHTEOUSNESS.
- INCLUDING ALL OF THE MANIFESTATIONS OF SOUL IN THE CONSCIOUSNESS, PRECONSCIOUSNESS, AND EVEN UNCONSCIOUSNESS.
- CHRISTIAN COUNSELOR IS A SINNER. WHILE HE OR SHE IS BORN AGAIN CHRISTIAN, WHO HAS RECEIVED GRACIA OR PREVENIENT GRACE OF GOD, HE OR SHE STILL NEEDS NOTICIA, ASSENCIA, AND EXPERIENCIA AS THE PROOF OF FIDUCIA / LIVING FAITH.
- HE HAS TO WORK OUT HIS SALVATION IN FEAR AND TREMBLING (PHIL 2:12).
- THEN, HIS PERSONAL EXPERIENCE OF BEING SET FREE BECOMES THE SPIRIT AND THE STRENGTH OF HIS OR HER COUNSELING MINISTRY TO THE CLIENT(S).
- PRINCIPLE: **BLESSED TO BE A BLESSING** (GEN 12:2, IS 42:1,6-7).

# THE WORKS OF BODY AND SOUL

- CAN BE PICTURED THROUGH A CONCEPT OF THE HUMAN **LIFE STRUCTURE** WHICH IS COMPRISED OF 5-6 DIFFERENT COMPONENTS.
- EACH INDIVIDUAL BEING INHERITS HEREDITARY FACTORS FROM HIS PARENTS AND DEVELOPS HIS LIFE STRUCTURE THROUGH MANY DIFFERENT KINDS OF LEARNING EXPERIENCES SINCE BIRTH.
- UNFORTUNATELY, ALL OF US HAVE EXPERIENCED FIXATIONS IN OUR DEVELOPMENTAL PROCESS AND THE PRESENCE OF DEATH INSTINCTS FOR SOME IS INEVITABLE. HE OR SHE THEN HAS PERSONAL WEAKNESSES.
- HUMAN WEAKNESSES ARE THE MEANS OF ACTUAL AND INEVITABLE SIN. IT WAS WRITTEN IN THE BIBLE THAT: *ONE IS TEMPTED AND DRAWN AWAY OF BY HIS OWN LUST (INSTINCTUAL DRIVE), AND ENTICED. THEN, WHEN LUST HAD CONCEIVED, IT BRINGS FORTH SIN, AND WHEN IT IS FINISHED, IT BRINGS DEATH* (JAMES 1:14-15).
- THIS IS A HUMAN PROBLEM.

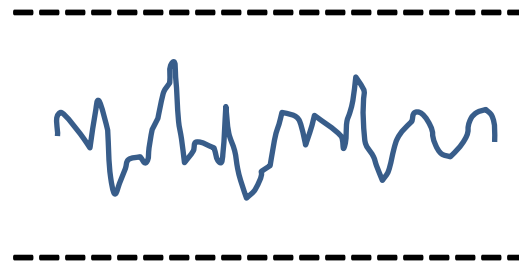
# FOR SOME

THEY  
NEED COUNSELING  
MINISTRY



# FOR OTHERS

THEY  
NEED ONLY ADVICE



# SPIRITUALITY IN THE COUNSELOR'S LIFE

- EACH INDIVIDUAL CHRISTIAN COUNSELOR SHOULD KNOW HIMSELF AND BE ABLE TO CREATE HIS OWN SPIRITUAL FORMATION.
- **PETER IN II PET 1:3-F DEMONSTRATED HIS SPIRITUAL FORMATION THROUGH THE FOLLOWING INGREDIENTS:**

**FAITH**= IS AN INEVITABLE PHENOMENON IN WHICH ONE IS POSITIONED BEFORE GOD AND HAS ONLY ONE CHOICE THAT IS TO WORSHIP HIM.

**VIRTUE** - JAMES 2:17.

**KNOWLEDGE:** I KOR 13, MARK 11, CS LEWIS" VIRTUE WHICH IS UNCHECKED IS MORE DANGEROUS THAN BLANTANT EVIL."

**TEMPERANCE:** KIERKEGAARD "AESTHETIC-ETHIC-RELIGIOUS CHRISTIAN. MAT 11 JUST LIKE CHILDREN'S PLAYING...

**PATIENCE:** TEMPERANCE NEEDS PATIENCE, OR ELSE IT IS NOT A TEMP....

**GODLINESS:** BEING SET APART FOR GOD'S WORK... (II TIM 2:20-23).

**BROTHERLY KINDNESS:** KINDNESS TO THE CLOSED ONES IS ALWAYS BEING TESTED, SINCE IT IS RELATED TO ANY ASPECT AND THE TIMING IS .....

**CHARITY**.....



# SPIRITUALITY IN COUNSELING MINISTRY

- MAKES CHANGES IN COUNSELOR'S :  
MOTIVATION  
PURPOSE AND OBJECTIVES  
WAY OF THINKING  
EMOTION AND FEELING  
ORIENTATION  
ABILITY TO BRING OUT THE CLIENT'S SELF  
AWARENESS THROUGH BETTER WORDING  
ATTITUDES  
SENSITIVITY